

Strategies for Teaching Boys and Girls at the Elementary Level

Adie Goldberg

**Trainer, Coauthor, Gurian Institute
Rocky Mountain Learning Enterprises, LLC**



Description of the Action Lab

This session begins with an overview of the foundation of nature-based theory.

- What does the research really show us?
- What are the implications of the knowledge of how the brain grows and learns?
- How is information processing different in the male and female brain?
- How must we design our classrooms and schools in light of this knowledge?

Strategies are shared to help teachers make math come alive, make language arts active and engaging, that make science real. Capitalizing on the need boys have to move while they learn, this session shows teachers how to put that wonderful boy-energy to work building connections that lead to learning, retention, higher grades and better test scores! At the same time, we explore how to implement strategies that help girls exercise the spatial part of their brain so that it helps them tap into the resources they need to do as well in math, science and technology as they tend to do, by nature, in verbal areas. Participants will use music, art, movement and to have a lot of fun, laugh, experiment, and learn how to adapt what they already do as well as incorporating new ideas that will engage their students like never before. And it can be done without sacrificing classroom management!

About Adie Goldberg

Adie Goldberg, MSW, M.Ed. is a certified Gurian Institute Trainer with a private clinical practice at Woman-Health, an OB-GYN practice in Spokane, Washington. Twenty years of working with pregnant and new families has provided Adie with a wealth of clinical experience and anecdotal tales. She is co-author of two Gurian Institute books: *It's a Baby Boy!* and *It's a Baby Girl!* (Jossey-Bass Jan. 2009)

Target Audience

Elementary Teachers, Administrators