

# **Solving the Sensory Processing Puzzle for Students Diagnosed with Autism or Bipolar**



**Charlene Young, OTR/L**  
**Owner of Functional Abilities, LLC**

## **Description of the Action Lab**

This workshop will provide participants with practical applications for teaching students with a diagnosis of Autism and/or Bipolar. Participants will learn how to utilize checklists and observation for early screening/identification of students who may be symptomatic of Autism or Bipolar. Also, the individuality of students will be addressed by formulating a recipe that can be adjusted according to the learner's skill set. This specific recipe will utilize three main ingredients for student success; interest, volition and habituation.

## **About Charlene Young**

Charlene Young, OTR/L, CEAS is a distinguished occupational therapist with eighteen years experience working with Autism and Sensory Processing Disorders (SPD) in pediatric and adult clients. Ms. Young is the owner/operator of Functional Abilities, LLC. through which, she provides national consultation and constructs training manuals on a broad range of topics including Sensory Processing Disorder.

## **Target Audience**

**Teachers, Parents, Therapists, Psychologists**